



IRONBRIDGE AND SEVERN GORGE LIONS

NEWSLETTER JULY 2024

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Welcome to our monthly newsletter for July 2024. As usual, this is intended to update our community of Friends on recent events plus upcoming activities and to identify areas in which we would welcome help or support. You can find our programme of events and activities for the next few months on our website – <https://ironlions.org.uk>

For further information or to offer comments or suggestions contact Graham Powell (07887 638207 grahamj.powell@btinternet.com) or Colin Thompson (07970 417497 cthompson@bcs.org.uk)

Prostate Testing

The testing session we held at the Abraham Darby Academy on 29th June was our final prostate event of 2024 and we now have a clear picture of what the programme achieved this year. A total of 564 men screened and of these, 28 tested red, 16 amber, and the remaining 520 green. So the red and amber results were around 7.8% of the total.

We plan to hold a further two events next year and in the meantime we will use this space in the monthly newsletter to highlight other prostate-related news including other test events within easy reach of Telford. Currently we know of just one - our fellow Lions at Bridgnorth have been running PSA test sessions for many years and their next event is scheduled for Wednesday 2nd October 2024. You can find further information about this and make a booking at <https://mysatests.org.uk>



Used Spectacles Collection



Our picture shows Lion Colin Thompson at the Lions UK Head Quarters in Birmingham with this quarter's collection of used spectacles.

Lions' clubs have been collecting and recycling unwanted pairs of glasses since 1967 and what started as a single club activity has grown to become a nationwide effort with clubs from across the UK collecting around 1.5 million pairs of spectacles each year.

All the donations are inspected and those in good condition are sent abroad for reuse in 25 countries. You can find more information about the scheme at <https://lionsrecycling.co.uk/>

Do you have some old specs hidden away in drawers? Why not get them out and pop them into one of our [drop-off points](#).

Our Next Fashion Show



Another reminder for our upcoming Fashion show. The show will be held in Dawley Town Hall on Friday 6 September, commencing at 7pm.

Presented by the amazing “Colours” organisation which specialises in raising funds for local charities, the clothes on offer during the evening will be from fashion houses across the world.

It's a terrific night out with a Prosecco bar, prize raffle, a fashion show with professional models and a pop-up shop offering high-street brands at a 50%+ discount.



Tickets are now on sale at £5 each– to order yours, please call Carol Powell on 07887 427196 or Pam Gabbitas on 07736 433432. All proceeds to charity so do come along, enjoy a night out and support us.

Silver Over the Bridge

On Sunday 21st July we held the last of our Silver Over the Bridge (SOB) sessions for 2024. This one was to support our very good friends at the Wellbeing Madeley Community Café



The Café in Madeley High Street is a beacon of the community, supported by local businesses, and volunteers, collaborating together to offer support to individuals, to enable them and their families to live well and safely in their community.

Head Chef Tom joined us for the day and brought some delicious cakes to tempt those crossing the Bridge. A great day and an excellent way to end our 2024 SOB season



Supporting The Learning Community Trust



Established in February 2021 the Learning Community Trust (LCT) Food Hub is a charitable organisation based in Wrekin View Primary School, Wellington. Through their drop-in community fridge, the Hub provides food at no cost to

local families who are experiencing financial difficulties. Their motto is 'take what you need, donate what you can'. Last week Lions Sam Connor and Andy Pilsbury took along 15 bags of food and 2 boxes of long-life milk. Thanks to an additional personal donation from one of our members, we were also able to supply 20 packs of ladies' sanitary products.



And Finally

Ironbridge and Severn Gorge Lions club is part of Lions Clubs International, the world's largest service club organization with 1.35 million members in over 45,000 clubs in more than 200 countries and geographic areas. Our primary purpose as is to work together in a spirit of friendship to serve the needs of our local community. If that appeals to you and you think you might like to join us, why not come along to one of our monthly meetings. You would be most welcome and there would be no pressure to join if you felt that it wasn't for you. We meet at Coalbrookdale Community Centre and if you are interested in just contact our Secretary Andy Pilsbury (07771-753855 or email Mullburyap@gmail.com)

If you need information about Ironbridge Lions activities in between these monthly bulletins, the best source is our new Facebook Page. Just go to www.facebook.com and type Ironbridge and Severn Gorge Lions in the search box.