



IRONBRIDGE AND SEVERN GORGE LIONS

NEWSLETTER AUGUST 2024

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Welcome to our monthly newsletter for August 2024. As usual, this is intended to update our community of friends on recent events plus upcoming activities and to identify areas in which we would welcome help or support. You can find more information about upcoming events and activities for the next few months on our website – <https://ironlions.org.uk>

For further information or to offer comments or suggestions contact Graham Powell on 07887 638207 grahamj.powell@btinternet.com or Colin Thompson on 07970 417497 cthompson@bcs.org.uk

Prostate Testing



At their monthly meeting in August, club members agreed to run two prostate sessions in 2025. As for the past few years, these will be in March and June and 300 test slots will be available at each event. We hope very much that the Abraham Darby Academy will be willing to host us again but it will not be possible to discuss that, or to agree the actual dates, until the new academic year gets under way.

Should you need a test in the meantime, there are two local events in the immediate future. Our fellow Lions at Bridgnorth have their next event scheduled for Wednesday 2nd October 2024 and the Shropshire Prostate Cancer Support group have a test event at the Wellington Methodist Church on 23rd September. You can find further information about these events and make a booking at <https://myspatests.org.uk>

New Home and New Website



Having set up a new Facebook page (Ironbridge and Severn Gorge Lions) a short time ago, we have now moved on to give our website a makeover. The URL remains the same <https://ironlions.org.uk> but you will find that both the design and the information have been refreshed.

Coincidentally we also have a new home for our monthly meetings. Our meetings are held on the second Thursday of each month, and we now meet in the Coalbrookdale & Ironbridge Community Centre TF8 7DX. So, as Ironbridge and Severn Gorge Lions, we are now very much back on home turf.

Our Next Fashion Show



**Ladies Fashion Show
AND Pop-up Shop!**

SHOP YOUR FAVOURITE HIGH STREET BRANDS
AT 50% OFF OR MORE!

Colours.
FUNDRAISING FASHION SHOWS

Friday 6th September 2024
Ironbridge & Severn Gorge Lions
Dawley Town Hall, New Street, Dawley, TF4 3JR
Doors open 6.30pm, show starts 7pm

Tickets: £5
Tickets to be purchased in advance
Prosecco bar & soft drinks

Raffle: FABULOUS prizes to be won at the show!
For tickets and more information please contact:
Carol Powell: 07887 427196 or carolpowell60@btinternet.com
Pam Gabbitas: 07736 433432 or kpg141@gmail.com
PAYMENT BY CASH & CARD (subject to a mobile signal)

A final reminder for our upcoming Fashion show. The show will be held in Dawley Town Hall on Friday 6 September, commencing at 7pm.

Presented by the amazing “Colours” organisation which specialises in raising funds for local charities, the clothes on offer during the evening will be from fashion houses across the world. It’s a terrific night out with a Prosecco bar, prize raffle, a fashion show with professional models and a pop-up shop offering high-street brands at a 50%+ discount.



Tickets are now on sale at £5 each– to order yours, please call Carol Powell on 07887 427196 or Pam Gabbitas on 07736 433432. All proceeds go to charity so do come along, enjoy a night out and support us.

Parents Opening Doors



Parents opening Doors – or PODS for short – is an independent Telford and Wrekin-based charity for parent carers who have a child or young person between the ages of 0 & 25 years with a disability or additional needs of any kind - offering them the opportunity to have their voice heard and to help make a difference.

Lions Graham Powell and Colin Thompson went along to PODS “Picnic in the Park” on 5th August and were greatly impressed by the range of activities on offer – all free of charge. The event, planning for which commenced immediately after last Christmas, attracted a total of 925 people and it was clear that the children were having a great time. A really great local charity organisation and going forward we hope to be able to offer some support for the work that they do. In the meantime, you can get more information on Pods activities at <http://www.podstelford.org/>

Ironbridge Coracle Regatta



**IRONBRIDGE
CORACLE
REGATTA**

August Bank Holiday
Monday
12-4pm

Coracle racing, Duck Race, Stalls,
Fun, Refreshments, Entertainment
at Ironbridge Rowing Club

FREE ENTRY!

Parking £2
Ironbridge Coracle Trust
ironbridgecoracles.org

ceob JRM YURT MAKER

August Bank Holiday Monday was, as usual, The Coracle Trust Regatta day in Ironbridge and, as in previous years, Ironbridge Lions were heavily involved in supporting the event. Club members managed the car parking while other members and friends ran our ever-popular Teddy Tombola and Nerf Gun Challenge stalls. All monies raised from the car parking will go to support the work of the Ironbridge Coracle Trust



Silver Over the Bridge



Our club ran the first Silver Over the Bridge (SOB) shortly after its formation in 1979, and over the intervening years our famous Iron Bridge has helped us to raise many thousands of pounds for good causes. The picture shows the team for the first of these events and Gordon Weston (standing second from right) is still a very active member of our club.

These SOB events take place each year between April and September and the final event for this year, to raise funds to support our prostate testing programme, will be on Sunday 8th September. Following that, we will be looking ahead to build the programme for 2025. So, if you know of a local charity or community group in need of funds for a specific purpose or cause, we would be happy to hear from you. The group must have a bank account and must be willing to play an active part on the day, but apart from that there are no

specific requirements. For further information contact Sam Connor samconnor67@icloud.com

The 100 Bag Challenge 2024

Each year, as we move into Autumn, we ask you to help us to brighten someone's Christmas. Each year we collect 4 tonnes of food, fill 400+ Christmas food parcels and distribute them to local residents in crisis at Christmas!

The process is very simple - If you, your friends, your club, your church, your school, your office, your pub or any other group can put together a bag or a box of non-perishable foodstuffs then call one of the numbers below and we will come and collect. Your gift could make a massive difference to a family in need this Christmas. Just call either of these numbers when you have food ready to collect – Andy on 07771 753855 or Sam on 07871 527247

Ironbridge Lions Club
Christmas 2024
100 bag challenge

Are you able to brighten someone's Christmas?

Each year we collect 4 tonnes of food, fill 400+ Christmas food parcels and distribute them to local residents who find themselves in crisis at Christmas!

If you, your school, your office, your pub, or any other group can put together a bag or a box of non-perishable foodstuffs then call one of the numbers below and we'll come and collect.

07771 753855 or 07871 527247

Ironbridge Lions are volunteers, enabling individuals and groups to build better communities

And Finally

Ironbridge and Severn Gorge Lions club is part of Lions Clubs International, the world's largest service club organisation with 1.35 million members in over 45,000 clubs in more than 200 countries and geographic areas. Our primary purpose as is to work together in a spirit of friendship to serve the needs of our local community. If that appeals to you and you think you might like to join us, why not come along to one of our monthly meetings. You would be most welcome and there would be no pressure to join if you felt that it wasn't for you. We meet at Coalbrookdale Community Centre and if you are interested in attending just contact our Secretary Andy Pilsbury on 07771 753855 or Mullburyap@gmail.com

If you need information about Ironbridge Lions activities in between these monthly bulletins, the best source is our new Facebook Page. Just go to www.facebook.com and type Ironbridge and Severn Gorge Lions in the search box.